

NOTICE OF PUBLIC MEETING – County of Santa Cruz MENTAL HEALTH ADVISORY BOARD AUGUST 18, 2022 + 3:00 PM-5:00 PM HEALTH SERVICES AGENCY 1400 EMELINE AVENUE, BLDG K, ROOM 207, SANTA CRUZ, CA 95060 THE PUBLIC MAY JOIN THE MEETING BY CALLING (831) 454-2222, CONFERENCE ID 199 467 037#

Xaloc Cabanes	Valerie Webb	Michael Neidig	Serg Kagno	Jennifer Wells Kaupp
Chair	Member	Member	Co-chair	Member
1 st District	2 nd District	3 rd District	4 th District	5 th District
Laura Chatham	Maureen McCarty	Hugh McCormick	Antonio Rivas	Jeffrey Arlt
Member	Member	Member	Member	Secretary
1 st District	2 nd District	3 rd District	4 th District	5 th District

Marlize Velasco, Member-At-Large

Supervisor Greg Caput	Erik G. Riera
Board of Supervisor Member	Behavioral Health Director

IMPORTANT INFORMATON REGARDING PARTICIPATION IN THE MENTAL HEALTH ADVISORY BOARD MEETING

The public may attend the meeting at the Health Services Agency, 1400 Emeline Avenue, Room 207, Santa Cruz. All individuals attending the meeting at the Health Services Agency will be required to use face coverings regardless of vaccination status. Individuals interested in joining virtually may click on this link: <u>Click here to join</u> <u>the meeting</u> or may participate by telephone by calling (831) 454-2222, Conference ID 199 467 037#. All participants are muted upon entry to prevent echoing and minimize any unintended disruption of background sounds. This meeting will be recorded and posted on the Mental Health Advisory Board website.

If you are a person with a special need, or if interpreting services (English/Spanish or sign language) are needed, please call 454-4611 (Hearing Impaired TDD/TTY: 711) at least 72 hours in advance of the meeting in order to make arrangements. Persons with disabilities may request a copy of the agenda in an alternative format.

Si usted es una persona con una discapacidad o necesita servicios de interpretación (inglés/español o Lenguaje de señas), por favor llame al (831) 454-4611 (Personas con Discapacidad Auditiva TDD/TTY: 711) con 72 horas de anticipación a la junta para hacer arreglos. Personas con discapacidades pueden pedir una copia de la agenda en una forma alternativa.

<u>AGENDA</u>

3:00 Regular Business

- a. Roll Call / Introductions
- b. Public Comment

(No action or discussion will be undertaken *today* on any item raised during this Public Comment period except that Mental Health Board Members may briefly respond to statements made or questions posed. Limited to 3 minutes each)

- c. Board Member Announcements
- d. Approval of July 21, 2022 minutes*
- e. Adoption of AB361 Resolution Authorizing Teleconference Meetings*
- f. Secretary's Report

3:15 Standing Reports

- a. Board of Supervisors Report Supervisor Greg Caput
- b. Behavioral Health Director's Report Erik G. Riera, Behavioral Health Director
- c. Committees
 - <u>Standing</u>
 - 1. Budget Committee
 - 2. Ideal Crisis System
 - 3.Community/Publicity

Ad Hoc

- 4. Peer Support Certification
- 5. 9-8-8
- d. Patients' Rights Report George Carvalho, Patients' Rights Advocate

3:40 Presentation – Overview of Mental Health Services at County Jail

Devon Corpus, WellPath Mental Health Coordinator

4:40 New Business / Future Agenda Items

- a. Approval of Revised Bylaws*
- b. Define board member trainings*

5:00 Adjourn

Italicized items with * indicate action items for board approval.





MINUTES – Draft

MENTAL HEALTH ADVISORY BOARD

Present:Hugh McCormick, Jeffrey Arlt, Jennifer Wells Kaupp, Laura Chatham, Maureen
McCarty, Serg Kagno, Valerie Webb, Xaloc Cabanes, Marlize VelascoExcused:Antonio Rivas, Michael Neidig, Supervisor Greg CaputStaff:Erik Riera, Anthony Jordan, Lauren Fein, Jane Batoon-Kurovski

- I. Roll Call Quorum present. Meeting called to order at 3:04 p.m. by Chair Xaloc Cabanes.
- II. Public Comments
 - Nicholas Whitehead stated his concern in this county is the process in which a
 patient or resident can successfully carry on a Riese hearing. He said the report from
 George Carvalho shows about eight hearings and zero victories.
 - Doreen Tighe stated she is attending the meeting on behalf of son who has four DUI's, was in the county jail and released with ankle bracelet. After the ankle bracelet was removed, there was no follow-up on offering a treatment center. Doreen said she would like to see individuals be offered or told to go to a treatment center.
 - George Carvalho, Patient's Right Advocate for Advocacy, Inc. George stated that if anyone has questions on how things work at Advocacy, Inc. or has questions regarding hearings, please call him to discuss as he is open to suggestions and feedback.

III. Board Member Announcements

- 1. Publicity committee needs two board members. Hugh and Antonio were asked to be on the committee.
- 2. Serg announced he plans on doing a site visit at 7th Avenue, also known as Harbor Hills. Any board member interested in joining Serg should contact him directly.
- IV. Business / Action Items
 - A. Approve June 16, 2022 Minutes as amended. Motion/Second: Laura Chatham / Serg Kagno Ayes: Hugh McCormick, Jeffrey Arlt, Jennifer Wells Kaupp, Laura Chatham, Maureen McCarty, Serg Kagno, Valerie Webb, Xaloc Cabanes Nays: None Excused: Antonio Rivas, Michael Neidig, Supervisor Greg Caput Motion passed.
 - B. Adoption of Assembly Bill 361 Resolution Authorizing Teleconference Meetings Motion/Second: Valerie Webb / Serg Kagno Ayes: Hugh McCormick, Jeffrey Arlt, Jennifer Wells Kaupp, Laura Chatham, Maureen McCarty, Serg Kagno, Valerie Webb, Xaloc Cabanes Nays: None Excused: Antonio Rivas, Michael Neidig, Supervisor Greg Caput

Motion passed.

- V. Reports
 - A. Secretary's Report
 - 1. Working on updating attendance for orientation dates.
 - 2. Ethics Trainings staff liaison will notify board members when training is due.
 - 3. Other Trainings Jeffrey created a tracking form for Board members to access and report trainings they attended.
 - B. Behavioral Health Director's Report Erik G. Riera, BH Director

Erik provided an update on the Loan Repayment Program for clinicians in the community who have student debt. He said our county received \$300K in exchange for putting up a match of \$100K (MHSA funds was used for the matching funds). Below is a summary of the results of the award:

- 1. 30 student loans/stipends were awarded to staff. 63% of those awards went to county staff and 37% of the awards went to staff working in contract agencies.
- 2. In terms of contract agencies, 46% of those awards went to Encompass, 18% of the awards went to PVPSA, Front Street and a new contractor that Behavioral Health is working with around children services.
- 3. For the county programs, the loan repayment was offered to Behavioral Health staff and IBH staff in the Clinics programs. 83% of the county awards went to Behavioral Health staff and 17% went to Clinics IBH staff. And lastly, 47% of all the awards went to bilingual staff, as that was an area of focus.

In terms of what's next, the legislature appropriated a separate funding stream for people working in substance use services in the community, so Behavioral Health is looking forward to implementing access to that program this fiscal year.

C. Closing of MHSA Public Comment – Lauren Fein, MHSA Coordinator

Lauren stated that Public Comment is closing today, July 16th. One public comment was provided by Doreen Tighe, to have more treatment centers available in the city of Santa Cruz. Lauren also mentioned that the County goes through an extensive stakeholder process so that Behavioral Health can ensure the funding from MHSA is going to the programs that are best suited to the community, and the next 3-year plan and stakeholder engagement process will be the beginning of 2023.

D. Overview of Substance Use Disorder Services (SUDS) – Anthony Jordan, Director of Substance Use Disorder Services SUDS is a division of behavioral health that provides substance use disorder prevention, intervention, and administrative oversight to the community. Anthony's presentation included an overview of the following:

Anthony's presentation included an overview of the following:

- 1. Drug Medi-Cal Organized Delivery System
- 2. Continuum of Care
- 3. Contracted Community-Based Organizations
- 4. Internal Outpatient Substance Use Disorder Services
- 5. Service Funding
- 6. Budget Overview
- 7. 2023 Objectives <u>Click here to view the presentation slides.</u>
- E. Committee Updates
 - 1. Standing Committees
 - a. Budget the first meeting will be scheduled soon and a report will be provided at the next meeting.
 - b. Ideal Crisis System the committee is working on vision and mission statements. Group plans to identify speakers starting in September. Board members are doing a report card exercise through the Roadmap.

- c. Community Engagement/Publicity held first official meeting earlier this month. Initial plan is to do some outreach at the jail.
- 2. Ad Hoc Committees
 - a. Peer Support Certification trainings are occurring at MHCAN, and individuals must pass a test to be certified. SHARE also providing peer support certification trainings.
 - b. 988 the launch on Saturday the 16th was considered a soft launch.
- F. Patients' Rights Report George Carvalho, Patients' Rights Advocate June report was provided, and George was in attendance for this meeting. George's

recommendation is to distribute a client satisfaction survey. Also, no numbers to report at this time. George announced that Advocacy, Inc. is short of funding and beginning in August, they will have one day of furlough until they receive more funding. He said this will impact services.

- VI. New Business / Future Agenda Items
 - Defining board member trainings Board members are to consider including other ongoing meetings doing work in behavioral health to count towards the training requirement. Board to vote next month.
- VII. Adjournment Meeting adjourned at 5:00 p.m.

Patients' Rights Advocate Report

July 2022

Name of the facility: Telecare

Telecare:

Name of facility: Telecare

Telecare:

Record 14000

*The Patients' Rights Advocate received a call from client discharged from the Telecare-PHF. The caller stated that was did not have Medi-Cal but was privately insured. However, even with insurance the caller could not afford to pay his share of the cost.

I advised him to contact his insurance and the billing department at Telecare.

8/2-Called client back to see if he got any help. He said Telecare would put him on a payment plan but that was still too much. I gave him the number for Disability rights in Oakland and advised him to ask about Mental Health Parity, I also gave him the number for HICAP to see if they could help.

I Asked him to call me back if he needs further assistance.

*Ms. Davi Schill, Patients' Rights Advocate

Telecare - PHF

Record 13962

On July 18, 2022, this writer received a phone call from a patient of the Telecare facility. He complained that he was detained wrongfully and did not feel safe at the facility. This writer returned a call to and spoke with this person at some length. The caller gave me verbal permission to speak with his treating psychiatrist. This writer placed a call to the treating psychiatrist but was not able to speak regarding my client's concern. The following day this writer placed a call to the client and was informed by line staff that the patient was discharged. No further action required unless contacted by the client.

Telecare-PHF

Record 13963

On 7/15/2022 This writer received a phone call from a client and patient at the Telecare Psychiatric facility (PHF) This client was having trouble communicating with her treating psychiatrist and requested to be immediately discharge from the facility. This writer received

permission to speak with the treated with the psychiatrist and advocated that this person should be calendared for next available hearing day. The Social Workers calendared her hearing for the following day. No further action required.

7th Avenue Center

Record 13936

On July 6, 2022. This writer received a phone call from a resident and client of the 7th Avenue Facility. The client reported that he been assaulted by another resident over the holiday weekend. This writer did not receive a phone message about this incident from the Staff and inquired whether the incident had been reported. The client stated that he had not but would be able to do so. I asked the client to call me back after he spoke to the staff. The client returned the call and confirmed that he had spoken to staff about this incident. This writer met with the client at the facility. No injuries were noted (nor reported by staff). The client stated that he did not feel safe although the other resident was placed on a one to one but could not state what he needed to do for him to feel safe. I urged him to continue to communicate with his Mental Health worker. This writer will continue to reach out to this resident to determine how I may best advocate on their behalf.

7th Avenue Center

Record 13937

On July 7, 2022, this writer received a phone call from a resident of the 7th Avenue Center. Although I recognized the phone number as the accent, the exact wording remained garbled. This writer will continue to reach out to the resident to determine how I may be able to advocate for her stated need(s). This record is ongoing.

7th Avenue Center

Record 13938

On July 6,2022 This writer received a message from a resident of the 7th Avenue Center. The resident made a complaint against the staff that were given the information provided by the client was inherently inaccurate and inconsistent and conflicted with known facts. I advised my client that he had the right to contact local law enforcement, but that I was unable to make an investigation given the available information. I asked if he needed any assistance to contact local law enforcement. Client stated that they would think about it. The following Thursday this client met with the resident. The client stated that they are receiving different medication. The client seemed a bit sedated to this writer. The client complained about forgetfulness. I encouraged him to speak with the nursing staff as well as the treating psychiatrist about any side effects. This writer will continue to reach out to this resident to best ascertain how I may best advocate for his stated needs.

7th Avenue Center

Record 13954

On July 7, 2022, this writer received a phone call from a resident of 7th Avenue Center. He complained that the new medication is causing constipation. He has given me permission to speak with the nursing staff. This writer made a phone call to the Director of Nursing regarding the client's condition. I was informed that the resident would be evaluated by nursing staff. On July 11, 2022. The resident called this writer to state that he felt much better and was no longer constipated.

7th Avenue Center

Record 13956

On July 11, 2022, this writer received a phone call from a resident of 7th Avenue center. This caller requested assistance with advocating for her release from the facility. I met with this resident the following week. At this point the issue appeared to be resolved and the transfer to a lesser restrictive setting is expected within the next couple of days. This writer verified the impending transfer with staff. No further action is required.

7th Avenue Center

Record 13957

On July 11, 2022, this writer received a phone call from a resident of the 7th Avenue Center. This client complained that staff deducted 15.00 dollars from his cheque after accusing him of destroying a pair of mustache scissors. This caller stated that he did not destroy the property and gave me permission to speak with his mental health worker. I spoke with his worker, and he stated that he personally witnessed the resident destroy the scissors. As of this date this writer has not been able to contact the resident who requested that I return a call back to him at 3pm. This writer will continue to reach out to this resident.

After this note a compromise was reached with the staff regarding this article, which met with the client's approval. No further action required.

7th Avenue Center

13968

On July 25 this writer received a phone report from staff about two males involved in an altercation. On August 4, 2022, this writer met with the victim. He stated that he was punched in the jaw. I asked this resident to lower his mask momentarily to witness any injury. No injury was obvious. The resident stated that he declined to involve local law enforcement. The alleged perpetrator did want to speak with this writer. I did speak with the staff. They informed me that

the treating psychiatrist had been notified but no medication was recommended at this time. This writer will continue to reach out to the resident since he informed me that he felt that tension remained between and the alleged perpetrator.

Cases carried over to the following month:

13936, 13937, 13938, 13968

ADVOCACY INC.

TELECARE CLIENT CERTIFICATION AND REISE HEARING/PATIENTS' RIGHTS REPORT

June 2022

Fourth Quarter

1. TOTAL NUMBER CERTIFIED	43
2. TOTAL NUMBER OF HEARINGS	37
3. TOTAL NUMBER OF CONTESTED HEARINGS	18
4. NO CONTEST PROBABLE CAUSE	19
5. CONTESTED NO PROBABLE CAUSE	6
6. VOLUNTARY BEFORE CERTIFICATION HEARING	3
7. DISCHARGED BEFORE HEARING	3
8. WRITS	0
9. CONTESTED PROBABLE CAUSE	12
10. NON-REGULARLY SCHEDULED HEARINGS	

Ombudsman Program & Patient Advocate Program shared 0 clients in this month

(shared = skilled nursing resident (dementia) sent to behavioral health unit or mental health client placed in skilled nursing facility) *The usual scheduled hearing days are Tuesdays and Fridays. Due to the pandemic and the shortage of bed availability throughout the state of California hearings can are scheduled throughout the week to accommodate legal requirements that hearings must occur no later than one week of hospitalization.

The number of hearings providing representation to clients held at Telecare (Santa Cruz Psychiatric Health Facility) who are facing Reise Hearings.

Total number of Riese petitions filed: 10 Total number of Riese petitions withdrawn: 3 Total number of Riese Hearings conducted: 7 Total number of Riese Hearings lost: 7 Total number of Riese Hearings won: 0 Total number of Riese Hearings withdrawn: 15 minutes Hours spent on Riese Hearings Conducted: 4 hours and minutes. Total amount of time spent on all hearings: 4 hours and 15 minutes

Respectfully submitted,

George N. Carvalho, PRA (Patient Rights Advocate)

WELLPATH SANTA CRUZ COUNTY Mental Health Advisory Board Presentation

> August 18th, 2022 Devon Corpus, LCSW Mental Health Coordinator



Our Story – How We Came to Be

- Wellpath was born out of the joining of two great companies Correct Care Solutions and Correctional Medical Group Companies
- Two organizations that recognized the importance of putting patients first and providing high quality care to an often-overlooked population
- We believe in transforming public health by delivering hope and healing to those who need it most.

• We treat our patients with the dignity and compassion they deserve, because we care about them as human beings.

 Wellpath has provided medical services to the Santa Cruz County jail since 2012 and Mental Health services since September 1st, 2021.



Mantra

"Always Do the Right

Thing!"

Comprehensive Services

• ONSITE SERVICES

- Intake Health Screening
- Communicable Diseases Screening
- Sick Call
- Medication Administration
- Dental Care
- Mental Health Care
- Emergency Services
- Outpatient Housing/Infirmary Services
- Health Education
- Onsite Lab and X-Ray
- Detoxification Services
- Specialized IV Care

OFFSITE SERVICES

- * Hospital Inpatient Care
- * Hospital Emergency Care
- * Medical Specialty Referrals
- * Dental Surgery Referrals
- * Prenatal Services
- * Postpartum Services
- * Diagnostic Testing
- * Outpatient Surgery



Health Care Services

Healthcare staff and support staff provide quality health care delivery in the following areas:

- Daily sick call services
- Clinic care
- Chronic care clinics
- Mental Health services
- Dental services triage
- Emergency care
- Initial health screenings
- MAT (medication assisted therapy)

- * Substance abuse treatment
- * Communicable disease surveillance & treatment
- * Health promotion
- * Disease prevention
- * Reproductive services
- * Electronic medical record system
- * Health related training to custody personnel



County Mental Health Support

- Discharge planning
- Information Exchange (diagnoses, medications, etc.)
- Intake information





- Protocols
- Emergency Bail
- 60 Day Releases
- Challenges
 - Mental Health affects of Quaratine
 - Staffing



Intake Process

The receiving screening is the first and most important interaction with patients:

- assessment of patient's mental and physical health
- identification of conditions and circumstances that place the patient at risk while in custody
- referral of those needing immediate evaluation and treatment



Getting Services Started

- Medical Services
- Mental Health Services



Discharge Planning

- Discharge Planner
 - Connecting patients with services
 - Calling in medications
 - Coordination with County partners



Present Challenges

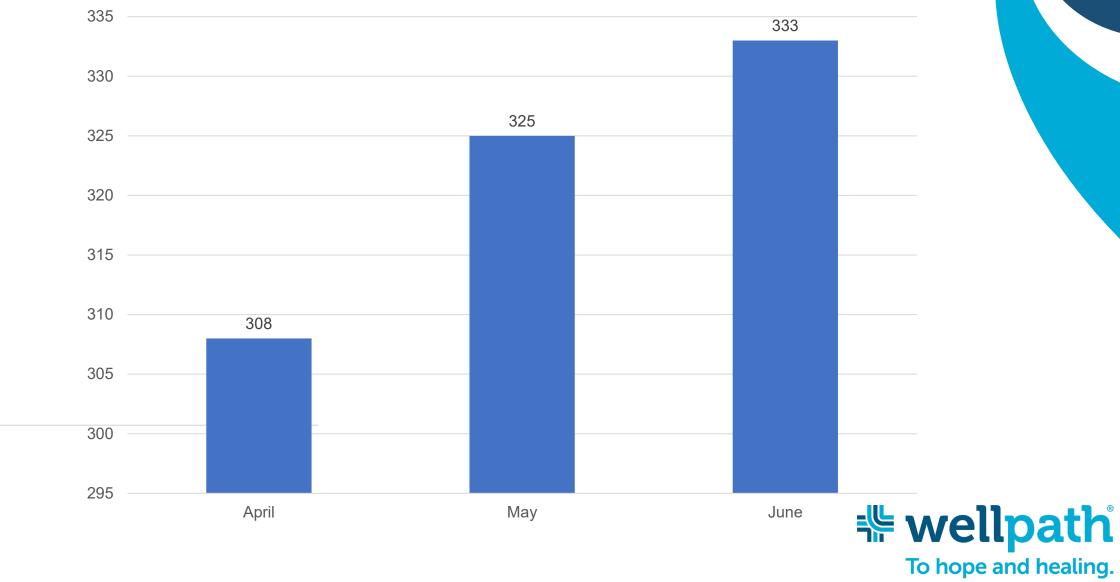
- Staffing
- Space



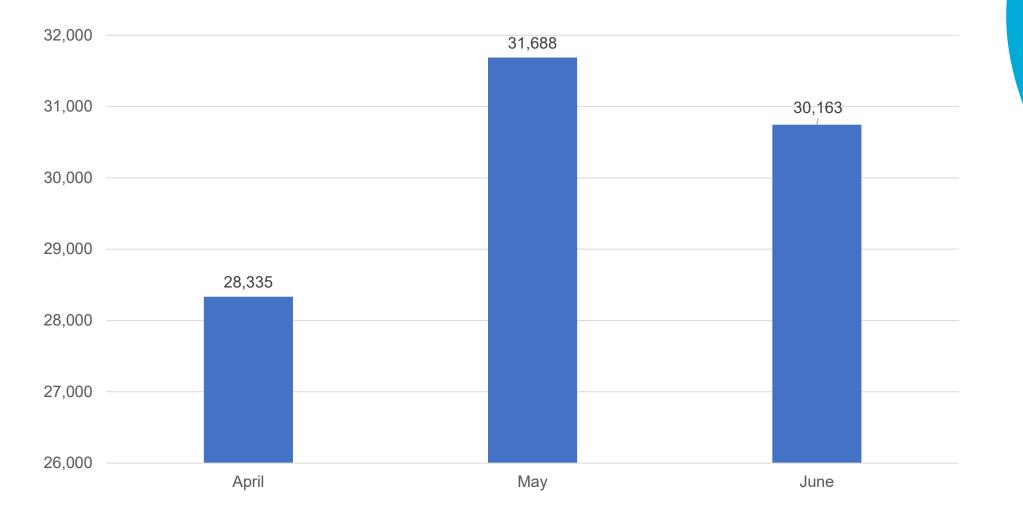
WELLPATH STATISTICAL REVIEW



Average Daily Population



Total Medications Administered Monthly



TOTAL MEDS 2nd Quarter : 90,186

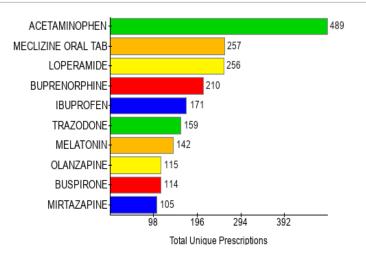
Wellpath To hope and healing.

TOP 10 MEDICATIONS

Top 10 Most Active Drug Names

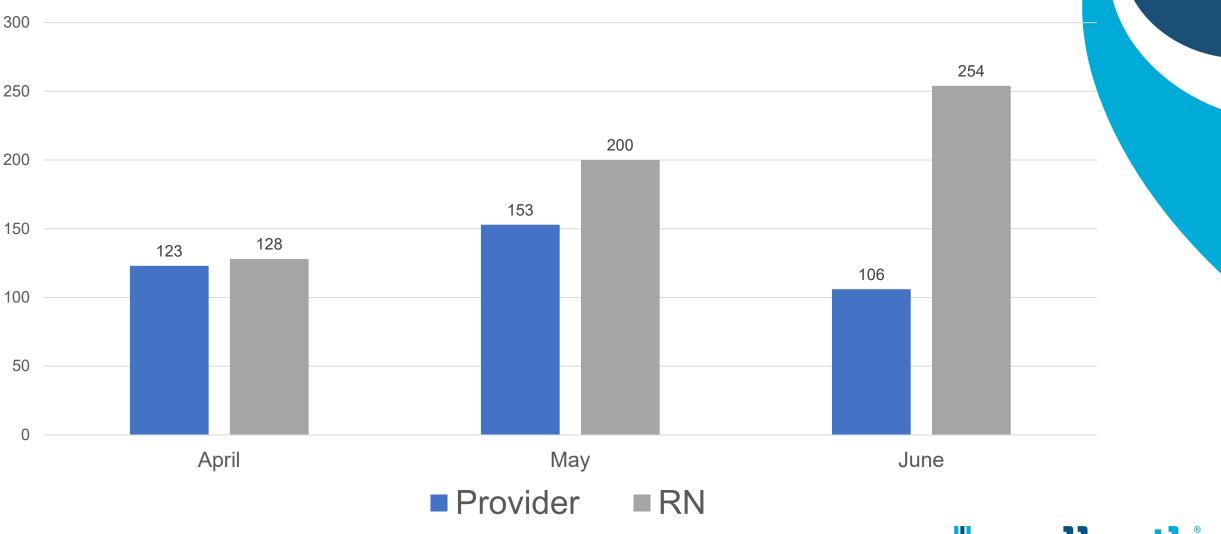
Of all the medications administered during this time period, these are the top 10 most active unique drug names.

Drug Name	Total Unique Prescriptions
ACETAMINOPHEN	489
MECLIZINE ORAL TAB	257
LOPERAMIDE	256
BUPRENORPHINE	210
IBUPROFEN	171
TRAZODONE	159
MELATONIN	142
OLANZAPINE	115
BUSPIRONE	114
MIRTAZAPINE	105



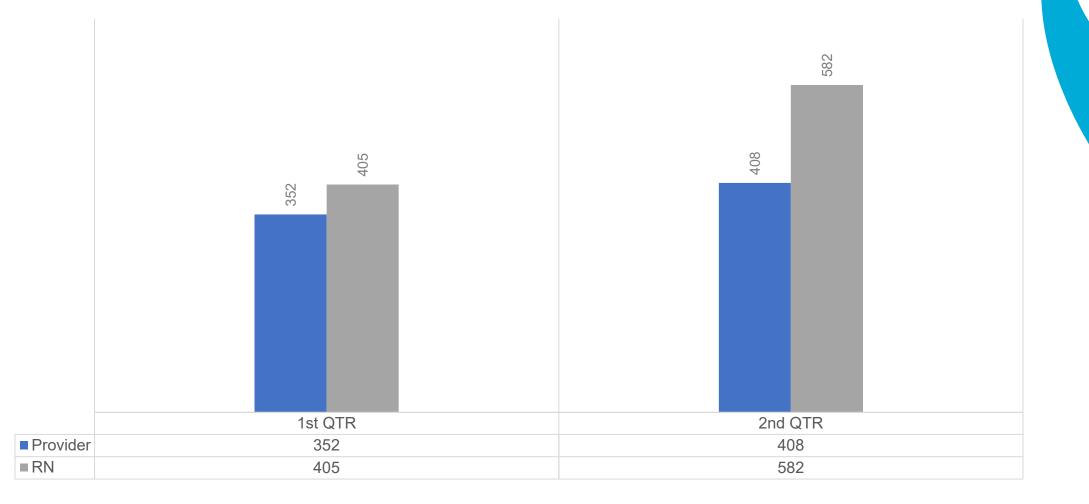


2nd Quarter Sick Call Statistics



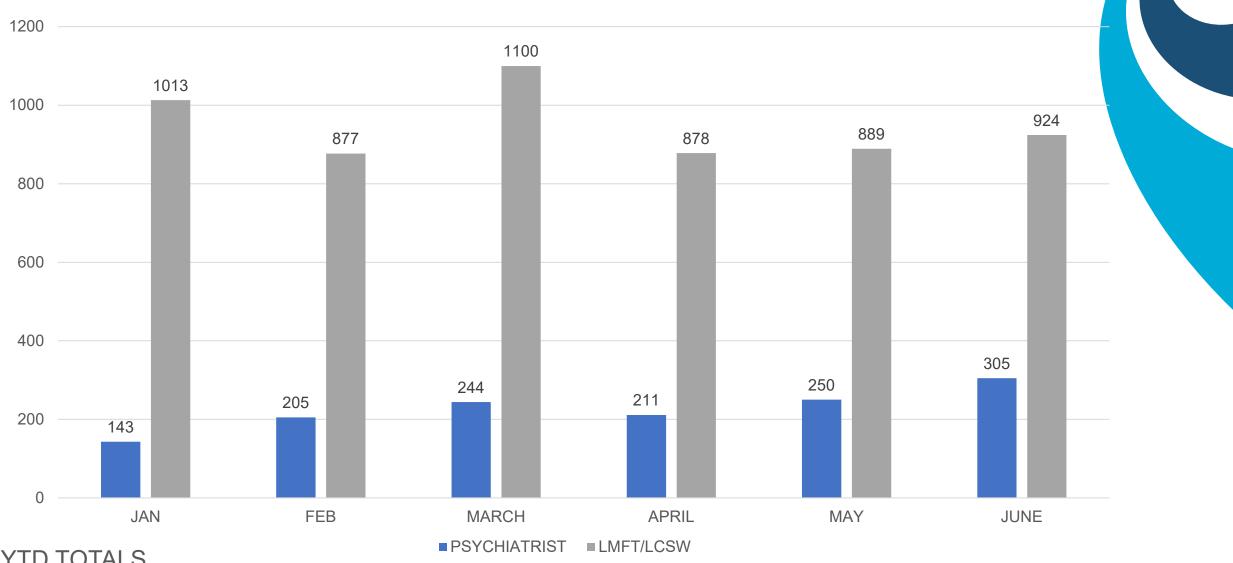
Wellpath To hope and healing.

Sick Call 1st QTR & 2nd QTR 2022





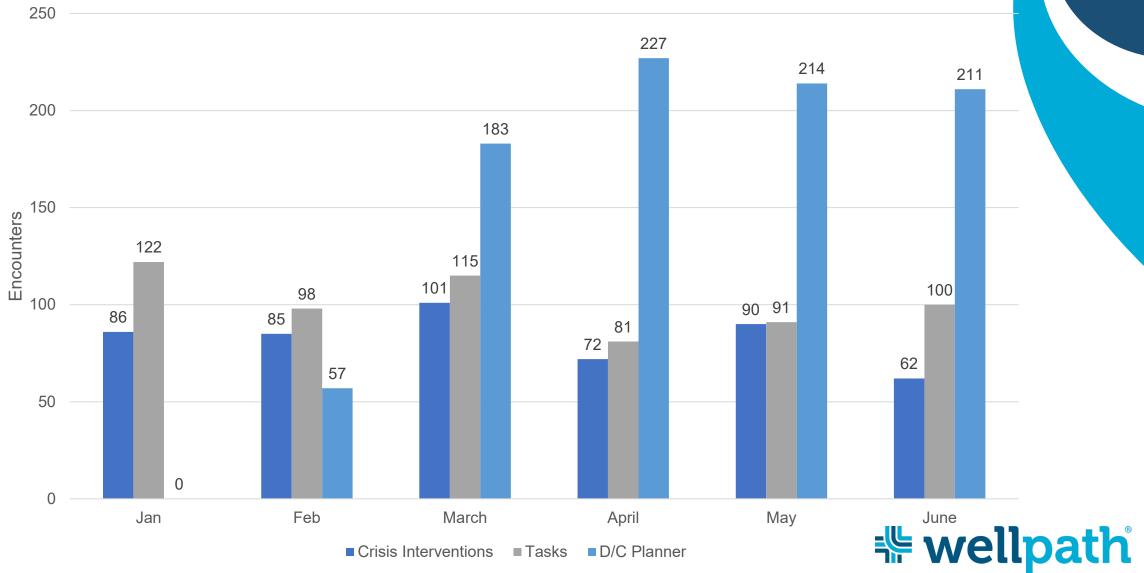
MENTAL HEALTH SICK CALLS



YTD TOTALS PSYCHIATRIST = 1,358 LMFT/LCSW = 5,411

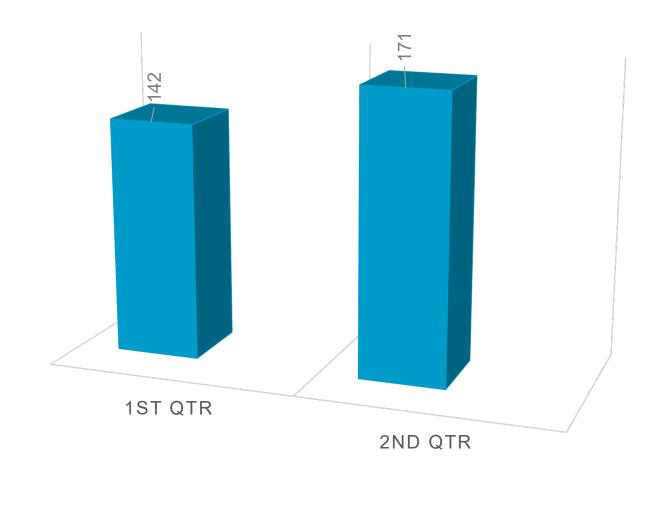
Wellpath[®] To hope and healing.

Other Mental Health Encounters



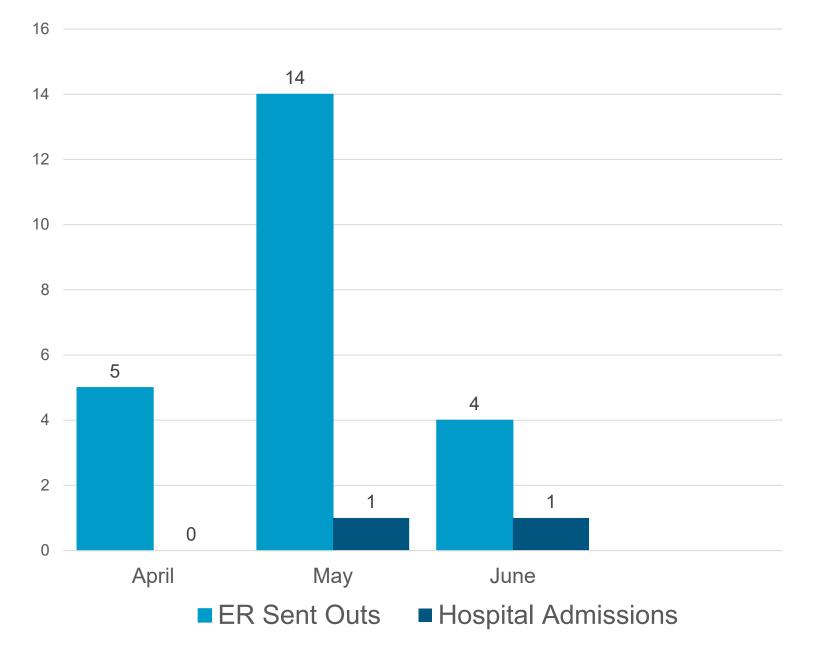
To hope and healing.

Dental Sick Call per QTR 2022



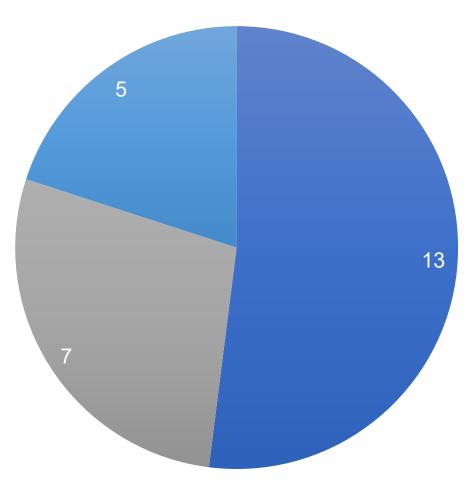


ER Send Outs & Hospital Admissions





MONTHLY ER SEND OUT



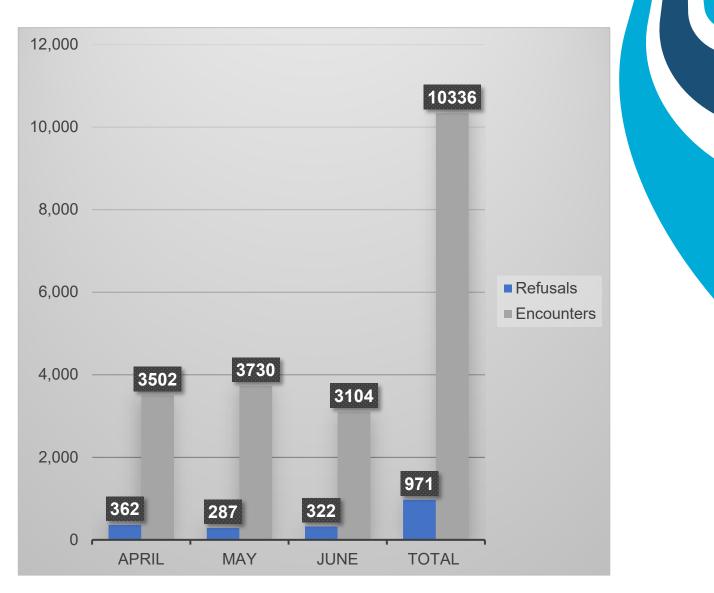
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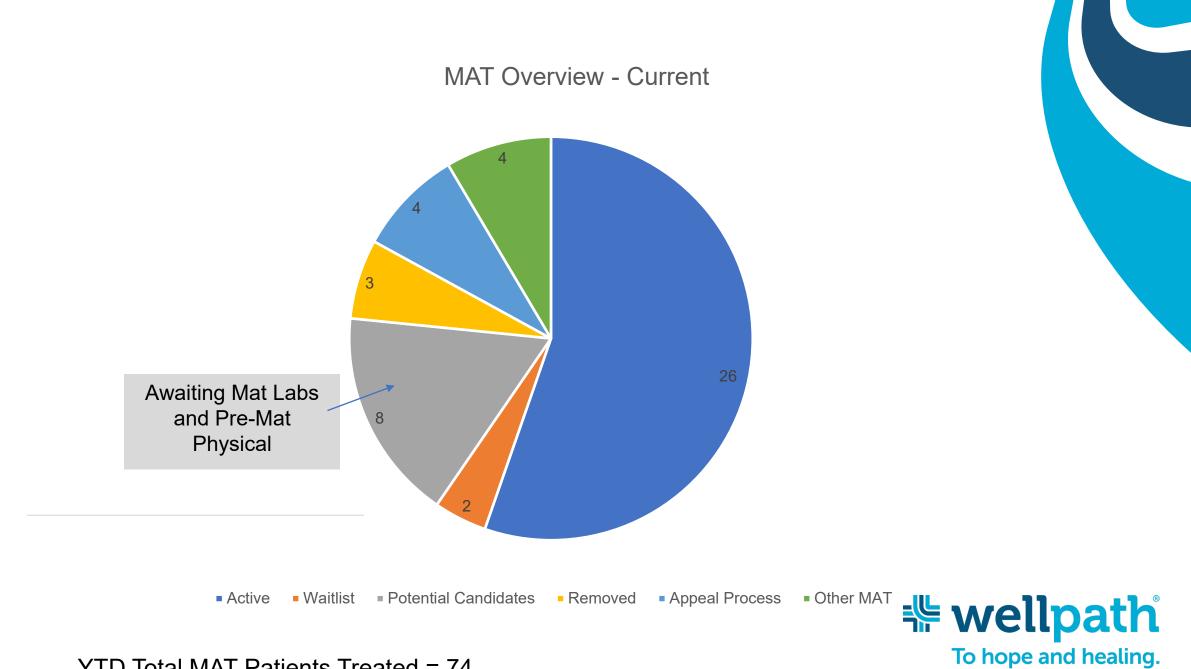
Refusals of Services

- MFT/LCSW
- PHSYCIATRIC SICK CALL
- RN SICKCALLS
- CHART REVIEWS- MD, PSYCH
- 6 MONTH/1 YEAR PHYSICALS
- CHRONIC CARE
- COVID-19 CHECKS
- DENTAL SERVICES
- HEALTH APPRAISALS
- LABS, ULTRASOUNDS, EKG
- DISCHARGE PLANNING
- MD SICK CALL
- MONITORING (DETOX CHECKS ,WOUND CHECKS)
- SUBSTANCE ABUSE COUNSELING
- SEGREGATION CHECKS
- OFFSITE, TELE-CONSULTS

*Numbers reflect all encounters including multi encounters with same patients

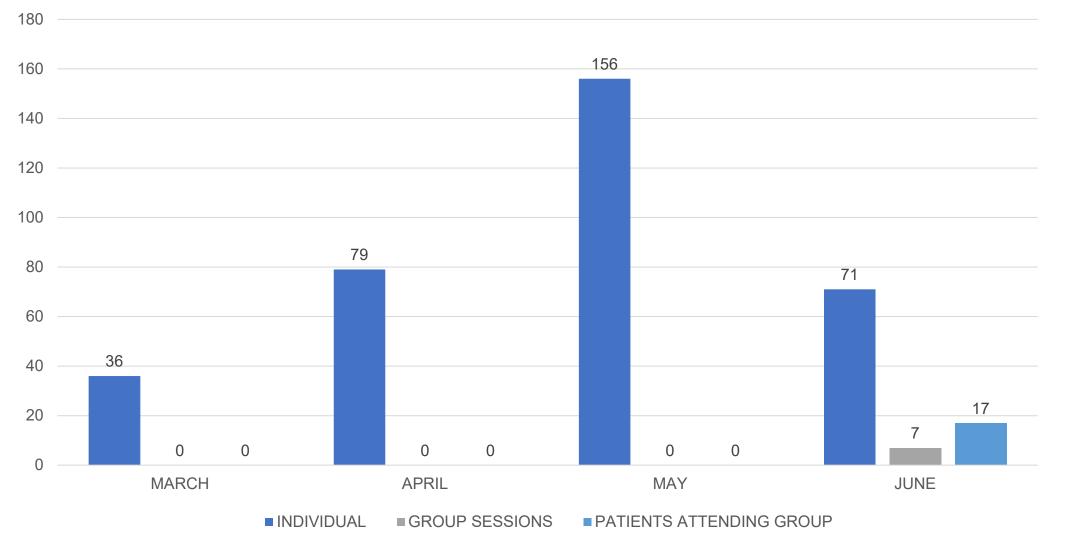






YTD Total MAT Patients Treated = 74

SUD COUNSELOR CONTACTS





QUESTIONS OR COMMENTS?

